

FALL PROTECTION

Slips, trips, and falls constitute the majority of general industry accidents. They cause 15% of all accidental deaths and are second only to motor vehicles as a cause of fatalities.

FALL PROTECTION SYSTEMS

Fall restraint system:

The equipment used to keep a worker from reaching a potential fall point; it includes the use of perimeter cables, guardrails, floor opening covers, scaffolds or work platforms with standard guardrails, or the utilization of a safety harness and lanyard secured to an anchorage point that restricts the worker from a fall Hazard.

Fall arrest system:

The equipment used to protect a worker from falling more than 6 feet or from striking a lower object in the event of a fall—it always includes a full body harness.



PREVENTION FROM FALLING

- 1. Wear proper personal protective equipment.**
- 2. Conduct routine inspections of work areas to ensure working surfaces are free from fall hazards.**
- 3. Provide guards for all floor and wall openings.**
- 4. Conduct training of all employees who use ladders, scaffolds or other elevated work surfaces or platforms.**
- 5. Cover all floor openings when not being used.**
- 6. Post warning signs when hazardous areas exist.**
- 7. Provide fall protection equipment when working above 6 feet or if the elevation is unsafe for the worker.**

Safety starts with 'S' but begins with 'you!'